

A Comprehensive Approach to Late Life Depression

October 11, 2011

Conflicts of Interest

A conflict of interest occurs when an individual has an opportunity to affect educational content about health-care products or services of a commercial company with which she/he has a financial relationship.

The presenters disclosed the following:

Dimitris Kiosses, PhD has received support from National Institute of Mental Health, Alzheimer's Association, National Alliance for Research on Schizophrenia and Depression, Wright Center for Aging Research and Clinical Care and the Mental Health Initiative Foundation.

Kurt Kroenke, MD, has been reimbursed as a consultant by Eli Lilly.

Glen Stimmel, PharmD, BCPP, has nothing to disclose.

Martha Bruce, PhD has research and education funding from the National Institute of Mental Health.

Disclosures of others in a position to control educational content:

- Lisa Barnes, BPharm, MBA, has nothing to disclose.
- Anne Belcourt, PhD, has nothing to disclose.
- Patricia Coon, MD, has nothing to disclose.
- Terry Egan, MS, has nothing to disclose.
- Cynthia Garthwait, MSSW, has nothing to disclose.
- Linda Henderson, MN, RN, has nothing to disclose.
- Gayle Hudgins, PharmD, has nothing to disclose.
- Allison McIntosh, MS, APRN, has nothing to disclose.
- Cynthia Pike, RN, BSN, has nothing to disclose.
- Ann Williams, PhD, has nothing to disclose.
- Angie Williams, MSN, RN-BC, has nothing to disclose.

Objectives:

Upon completion of the conference, participants should be able to:

1. Describe the epidemiology of geriatric depression and the need for psychosocial treatments.
2. Compare and contrast evidence-based psychosocial treatments for late life depression.
3. List the illnesses frequently comorbid with depression in older adults.
4. Quantify the impact of depression on comorbidity and mortality.
5. Select the best antidepressant drug for an older patient with depression based upon evidence-based data and national treatment guidelines.
6. Review acute and maintenance antidepressant therapy in older patients in terms of indications, drug dosage, and monitoring for adverse effects and drug-drug interactions.
7. Describe the incidence of suicide in older adults and the risk factors associated with this phenomenon.
8. Recommend strategies appropriate for primary care and home healthcare to improve the detection and treatment of late life depression.

Target Audience:

This continuing education program is designed for physicians, physician assistants, nurses, pharmacists, psychologists, social workers, physical therapists, occupational therapists, nursing home administrators, tribal health administrators and practitioners, and other health care providers working in geriatric care and education.

Accreditation Statement

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Saint Vincent Healthcare and Montana Geriatric education Center. Saint Vincent Healthcare is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

Saint Vincent Healthcare designates this live activity a maximum of six (6) *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Commercial Company Support

There is no Commercial Company Support for this CE activity
This CE activity is supported 100% by a federally funded grant from the Health Resources and Services Administration (HRSA) Grant Number UB4HP19056 for \$2,136,009 (07/01/2010 – 06/30/2015).

Non-Endorsement of Products

Approved provider status does not imply that there is real or implied endorsement by MTGEC, ANCC, or MNA of any product, service, or company referred to in this activity nor of any company subsidizing costs related to the activity.

Off-label Product Use

This CE activity does not include any unannounced information about off-label use of a product for a purpose other than that for which it was approved by the Food and Drug Administration (FDA).
The Montana Geriatric Education Center (MNA-09MGEC11) is an approved provider of continuing education by the Montana Nurses Association, an accredited approver by the American Nurses Credentialing Centers' Commission on Accreditation. Contact hours: 6.5 contact hours

Noncommercial Sponsor Support

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Continuing Education Credit

In order to receive full contact-hour credit for the continuing education activity, you must:

- Sign the Verification of Attendance Form at your conference site;
- Complete and submit the MTGEC Participant Profile;
- Complete and submit the pre- and post-tests;
- Attend at least 80% of the activity;
- Complete and submit the Evaluation Form following the activity;
- Complete and submit the post-conference Implementation Plan.

Please be advised the MTGEC may request feedback from participants at some point following an activity regarding the effectiveness of the education on practice improvement.

Needs Assessment Survey

MTGEC relies on health care providers in the state to inform us of their needs for continuing education topics and activities. As a result, we would greatly appreciate your completion and submission of the Needs Assessment Survey.